

CT Preps

The following preps are only considered guidelines. Please discuss your preps when scheduling your appointment.

IV contrast is an iodine contrast used to highlight the blood vessels.

Oral contrast is used to fill or highlight your bowels; if you choose to come and pick up contrast: you will be given Barium or a lemonade mix. You can also purchase 16 oz of whole milk.

You may also come to your appointment 1 ½ hours early and drink the lemonade mix here.

CT CHEST:

Patient will usually need IV contrast. Nothing to eat 2 hours prior to exam time.

Please take any medications you need.

CT ABDOMEN (only):

Patient will usually need Oral and IV contrast. Nothing to eat or drink 2 hours prior to exam time. Please take any medications you need.

Oral contrast to be taken 1 hour prior to scan

CT PELVIS (only):

Oral and IV contrast will depend on what your Doctor is concerned about. Nothing to eat for 2 hours prior to exam time. Please take any medications you need.

If you need to drink oral contrast, please drink the contrast 2 hours prior to your exam time.

If your Doctor is only concerned about the bones in your pelvis, you will not need any type of prep.

CT ABDOMEN & PELVIS:

Usually Oral/IV contrast.

Nothing to eat or drink for 4 hours prior to exam. Please take any medications you need.

Please drink the contrast 1 hour prior to your exam time.

CT ABDOMEN/PELVIS or RENAL or KIDNEY STONE:

If your exam is to evaluate you for possible or known kidney stones, you will not need any prep.

CT CHEST/ABDOMEN/PELVIS:

Usually Oral/IV contrast. Nothing to eat or drink for 4 hours prior to exam. Please take any medications you need.

Please drink the contrast 1 hour prior to your exam time. If you choose to come and pick up contrast: you will be given Barium or a lemonade mix. Or you can purchase 16 oz of whole milk.

CTA any body part:

Nothing to eat or drink for 4 hours prior to exam. Please take any medication you need. This exam will require IV Contrast.

All CT exams that are ordered to have IV contrast to help highlight the blood vessels need to have nothing to eat for 2 hours prior to exam time.

Please take any medications you need.

All other CT exams do not require any prep.

MRI Preps

If you are scheduled to have sedation prior to your MRI, have nothing to eat or drink for at least 2 hours prior to arrival. You must also have someone with you that can drive you home.

MRI/MRA Abdomen nothing to eat or drink for 6 hours before exam

MRI Pelvis nothing to eat or drink for 6 hours before exam

All other MRI/MRA exams do not require any patient preparation.

Some exams will require use of IV contrast. This will depend on your Doctor's order and the exam.

Any implants, stents or shunts should be brought to the attention of the scheduler and the technologist prior to exam. Please bring a copy of the card given to you at the time the device was put in your body.

Patients implanted with certain electronic devices are not eligible for MRI. Please let the scheduler or your physician know of the device.

Patients with pacemakers or aneurysm clips can not have MRI scans.

Ultrasound Preps

Patient's scheduled for the following Ultrasound exams require nothing to eat or drink for 6- 8 hours prior to exam time.

US Abdomen

US Aorta

US Gallbladder

US Abdomen Duplex

US Right Upper Quadrant

US Abdomen Duplex Mesenteric

US Renal with Doppler

Patient's scheduled for a US Prostate require nothing to eat or drink for 4 hours prior to exam and must do a Fleet's enema 1 hour prior to exam

All US Breast exams need to bring prior Mammogram films to Advanced Imaging

Patients scheduled for any exam relating to pregnancy must drink 32oz of water 1 ½ hours prior to exam time. This includes US Biophysical Profile and US Sonohysterogram.

Both male and female patients scheduled for US Pelvis need to drink 32oz of water 1 ½ hours prior to exam time.

All other exams do not require any type of preparation by the patient.

